

Weekly Workouts

3

Martin Neill

A

Exercise A is in 4/4 time. The right hand starts with a half note G4, followed by quarter notes A4, B4, and C5. The left hand starts with a half note G3, followed by quarter notes A3, B3, and C4. The exercise concludes with a final chord of G4, B4, and C5.

B

Exercise B is in 4/4 time. The right hand features a sequence of eighth notes: G4 (1), A4 (1), B4 (1), C5 (1), D5 (5), E5 (3), F5 (2), G5 (1), A5 (3), B5 (3), C6 (2), D6 (1), E6 (3), F6 (3), G6 (2), A6 (1), B6 (3), C7 (3). The left hand features a sequence of eighth notes: G3 (1), A3 (1), B3 (1), C4 (1), D4 (1), E4 (1), F4 (1), G4 (1), A4 (1), B4 (1), C5 (1), D5 (1), E5 (1), F5 (1), G5 (1), A5 (1), B5 (1), C6 (1), D6 (1), E6 (1), F6 (1), G6 (1), A6 (1), B6 (1), C7 (1). The exercise concludes with a final chord of G4, B4, and C5.

C

Exercise C is in 4/4 time. The right hand features a sequence of eighth notes: G4 (4), A4 (1), B4 (5), C5 (2), D5 (2), E5 (2), F5 (2), G5 (2), A5 (2), B5 (2), C6 (2), D6 (2), E6 (2), F6 (2), G6 (2), A6 (2), B6 (2), C7 (2). The exercise concludes with a final chord of G4, B4, and C5.

D

Exercise D is in 4/4 time. The right hand features a sequence of eighth notes: G4 (3), A4 (4), B4 (5), C5 (3), D5 (4), E5 (5), F5 (3), G5 (4), A5 (5), B5 (3), C6 (4), D6 (5), E6 (3), F6 (4), G6 (5), A6 (3), B6 (4), C7 (5). The left hand features a sequence of eighth notes: G3 (3), A3 (2), B3 (4), C4 (5), D4 (3), E4 (4), F4 (5), G4 (3), A4 (4), B4 (5), C5 (3), D5 (4), E5 (5), F5 (3), G5 (4), A5 (5), B5 (3), C6 (4), D6 (5), E6 (3), F6 (4), G6 (5), A6 (3), B6 (4), C7 (5). The exercise concludes with a final chord of G4, B4, and C5.

E

Exercise E is in 6/8 time. The right hand features a sequence of eighth notes: G4 (1), A4 (2), B4 (1), C5 (2), D5 (1), E5 (2), F5 (1), G5 (2), A5 (1), B5 (2), C6 (1), D6 (2), E6 (1), F6 (2), G6 (1), A6 (2), B6 (1), C7 (2). The left hand features a sequence of eighth notes: G3 (1), A3 (2), B3 (1), C4 (2), D4 (1), E4 (2), F4 (1), G4 (2), A4 (1), B4 (2), C5 (1), D5 (2), E5 (1), F5 (2), G5 (1), A5 (2), B5 (1), C6 (2), D6 (1), E6 (2), F6 (1), G6 (2), A6 (1), B6 (2), C7 (1). The exercise concludes with a final chord of G4, B4, and C5.